


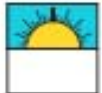





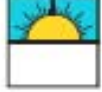







PIKA WIYA HEALTH SERVICE INC. EVERY DAY ASTHMA ACTION PLAN

Name: _____ Date: _____

GP: _____

Current Medications: _____

How I am Feeling?	Well 				Not as Well 				Very Unwell 
Morning 									 
Midday 									 
Tea 									 
Bedtime 									 

Action Plan Designed by Health Workers from Pika Wiya Health Service Inc. in consultation with the Northern Regional Paediatric Unit, Port Augusta South Australia. Telephone: 08 8642 9999. For an EMERGENCY ring 000. Artwork by the Port Augusta Aboriginal Women's Centre depicts communities making tracks to the health centre for social emotional and spiritual well being. Funded by the Commonwealth Department of Health and Ageing. The Department has not reviewed the material and does not represent or guarantee in any way that its content are correct.